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|  | **K-5****Lesson plans** | ***National Standards (NASPE)***See attached lesson plans for NASPE standards! KY Health & PE standards are written down after the “I can” statements for both P.E. and Health.  | **Vocabulary:** Communication, non-Violence, conflict Resolution, basketball, foul line, relay, test preparation, | ***Health:*** *I can explain and provide an example of being non-violent. (K-5th) PL-P-N-U-2 & PL-4(5)-N-U-3****Health:*** *I can explain and provide of good communication. (K-5th) PL-4(5)-S-U-1 & PL-P-S-U-1****P.E****:   I can throw and catch a beanbag without allowing it to hit the floor. (K-2nd) PL-P-PS-U-1 & (3rd-5th) PL-4(5)-PS-S-4****P.E****.:  I can run and pass an object during a relay race. (K-2nd) PL-P-PS-U-1 & (3rd-5th) PL-4(5)-PS-S-4****P.E.:*** *I can shoot a basketball with correct form. (3rd-5th) PL-4(5)-PS-S-4****P.E.:*** *I can use my hands and feet to move a floor scooter. (K-2nd) PL-P-PS-U-1****Tuesday-Thursday P.E. and Heath Lesson Plans******Warm-up:*** *(P.E./stretching & warm-up) Students will complete 4 different stations as warm-up that reinforce dynamic stretching.* ***Mini lesson:*** *(P.E.) Students will enter gym and sit down on their signed spot on the gym floor. Teacher will review classroom rules and expectation, rewards and consequences for behavior. Review that both good and inappropriate behavior will be logged.* ***Mini lesson (Health/Citizenship/Employability Traits):*** *Character word of the week on Power Point: communication skills* ***Mini Lesson: (Health):***Students will look at a slide and learn about the importance of being non-violent. ***Mini lesson: (KY Career Cluster):*** *I will show the students the career cluster in Arts, A/V, Technology,and Communications.* ***Warm-up:*** *(P.E.) Teacher will log individual and class for correct type of shoes worn. Teacher will go over how to safely run laps. Students will run three laps as a warm up.* ***Mini lesson:*** *Students in grades 3rd-5th will watch a video from brainpop.com titled “Test Preparation”. Students in grades K-2nd grade will watch a video from jr.brainpop.com titled “Conflict Resolution”.* *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_****P.E. Activity #1:*** *(K-5th) Students will practice the Field Day game 100 Yard Relay. Students will be divided into four teams and will race with a red object in a relay race. Each team will be divided into two groups. They will hand off the object to their parter. The first group to finish wins.* ***Differentiated Instruction:*** *Struggling students will receive one on one and /or small group instruction through additional modeling the movement correctly from the teacher or from peers.  Advanced students: Students will be given an opportunity to brainstorm advanced activities that they can perform at any station.*  ***Assessments/Exit Slip:*** *Students participated in the 100 yard relay and followed directions.* ***P.E. Activity #2:*** *(K-5th) Beanbag Toss: Teacher will pair up students. Each pair of students will receive a beanbag. Students will stand a few feet apart from their partner. The entire group tosses their beanbag to their partner. If the beanbag is caught without being dropped, take one large step backwards. Repeat until you get a winner.* ***Differentiated Instruction:*** *Struggling students will receive one on one and /or small group instruction through additional modeling the movement correctly from the teacher or from peers.  Advanced students: Students will be given an opportunity to brainstorm advanced activities that they can perform at any station.* ***Assessments/Exit Slip:*** *Students participated in the beanbag toss and followed directions. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_****P.E. Activity #3:*** *Intermediate (3rd-5th) Basketball shoot: Students will shoot the basketball from the foul line. The student with the highest number of baskets made is the winner. Primary (K-2nd) Scooter Races: Students will be divided into equal groups. Students will either sit or lay down on the scooter. Students will use their arms and feet to move them down the gym floor. The team that completes the relay first wins the relay race.* ***Differentiated Instruction:*** *Struggling students will receive one on one and /or small group instruction through additional modeling the movement correctly from the teacher or from peers.  Advanced students: They will brainstorm unique ways to play this scooter relay or basketball shoot differently.* ***Assessments/Exit Slip:*** *Intermediate students participated in the basketball shoot by shooting the basketball with correct form at the hoop. Primary students participated in the scooter relay by following directions.* ***Static Stretching (Cool Down) and Rewarding Student Behavior:*** *If time permits students will walk a cool down lap prior to exiting the gym and line up at the door by playing the game “Mr. Kuhn says” and/or review critical vocabulary. Students will also receive green “adventure” tickets as needed.* *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*1. ***FRIDAY P.E. & Health Lesson Plan:***

**Topics:** soccer, volleyball, hockey, football, soccer, beanbag toss**Vocabulary:** bump, toss, shoot, dribble, toss,  **P.E.:** I can toss and catch a football with a partner. (3rd-5th) **PL-4(5)-PS-S-1****P.E.:** I can shoot a hockey puck between two cones. I can toss and bump a volleyball. (3rd-5th) **PL-4(5)-PS-S-1****P.E.:** (K-2nd) I can toss a beanbag into a hula hoop at varying distances. PL-P-PS-S-1I can toss and catch a football. PL-P-PS-S-1I can kick a soccer ball between two cones. PL-P-PS-S-1 **Friday only: Mini lesson:** (P.E.) Check attendance and check to see if students are wearing the correct type of shoes.**Friday only: Warm-up:** Students will run three warm up laps. **Friday only: Mini lesson (Spiral Review):** Students will review concepts taught earlier this week in health and P.E. **Friday only: P.E. Warm-up Activity:** Students will dance to a Just Dance for Kids song on youtube.com (K-5th) **Friday only: P.E. Activity #1: (Intermediate 3rd-5th) Football Toss:** Students will review how to toss a football from the August, September 2018 unit. **Friday only: Differentiated Instruction:** Struggling students will receive one on one and /or small group instruction through additional modeling the movement correctly from the teacher or from peers. Advanced students: They will come up with their own variations of the game by adding their own ideas for gameplay. **Friday only: Assessments/Exit Slip**: DOK 2: Compare and contrast passing a football and passing a basketball. **Friday only: P.E. Activity #2: (Intermediate 3rd-5th) Hockey Puck Shoot:** Students can dribble and shoot a hockey puck between two cones. Review the floor hockey unit from November 2018.  **Friday only: Differentiated Instruction:** Struggling students will receive one on one and /or small group instruction through additional modeling the movement correctly from the teacher or from peers. Advanced students: They will come up with their own variations of the game by adding their own ideas for gameplay. **Friday only: Assessments/Exit Slip**: DOK 2: Compare and contrast passing a hockey puck with passing a soccer ball. **Friday only: P.E. Activity #3: (Intermediate 3rd-5th) Bumping a Volleyball with a Partner:** Students can toss and bump a volleyball with a partner as a review of our volleyball unit from December 2018.  **Friday only: Differentiated Instruction:** Struggling students will receive one on one and /or small group instruction through additional modeling the movement correctly from the teacher or from peers. Advanced students: They will come up with their own variations of the game by adding their own ideas for gameplay. **Friday only: Assessments/Exit Slip**: DOK 2: Compare and contrast volleyball and kin-ball. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**Friday only: P.E. Activity #1:** Primary (K-2nd) Soccer Shoot: Students will kick a soccer ball between two cones. **Friday only: Differentiated Instruction:** Struggling students will receive one on one and /or small group instruction through additional modeling the movement correctly from the teacher or from peers. Advanced students: They will come up with their own variations of the game by adding their own ideas for gameplay. **Friday only: Assessments/Exit Slip**: Students correctly demonstrated how to kick a ball between two cones. DOK #2: Compare and contrast soccer and basketball.  **Friday only: P.E. Activity #2: (Primary K-2nd) Football Toss:** Students will review how to toss a football from the August, September 2018 unit. **Friday only: Differentiated Instruction:** Struggling students will receive one on one and /or small group instruction through additional modeling the movement correctly from the teacher or from peers. Advanced students: They will come up with their own variations of the game by adding their own ideas for gameplay. **Friday only: Assessments/Exit Slip**: DOK 2: Compare and contrast passing a football and passing a basketball. **Friday only: P.E. Activity #3**: Primary (K-2nd): Beanbag Toss. Students will use an underhand toss to toss a beanbag into a hula hoop at varying distances.**Friday only: Differentiated Instruction:** Struggling students will receive one on one and /or small group instruction through additional modeling the movement correctly from the teacher or from peers. Advanced students: They will come up with their own variations of the game by adding their own ideas for gameplay. **Friday only: Assessments/Exit Slip**: Students used correct form tossing a beanbag into a hula hoop. **Static Stretching (Cool Down) and Rewarding Student Behavior:** If time permits students will walk a cool down lap prior to exiting the gym and line up at the door by playing the game “Mr. Kuhn says” and/or review critical vocabulary. Students will also receive green “adventure” tickets and/or white clip up tickets as needed. | ***Daily Assessment: (Tuesday-Friday)*** *X Observation**X Oral responses** *Self-Evaluation*
* *ORQ*

*X Whole Class**X Small Group**X Individual****Formative and Summative Assessments***X Entrance (flashback) and Exit SlipsX Oral Questions□ Student Self-Assessment***Daily Assessment: (Tuesday-Friday)*** *X Observation**X Oral responses** *Self-Evaluation*
* *ORQ*

*X Whole Class**X Small Group**X Individual****Formative and Summative Assessments***X Entrance (flashback) and Exit SlipsX Oral Questions□ Student Self-Assessment |
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Special Education Modifications and 504 plans are located in the back of Mr. Kuhn’s lesson plan binder.