

Teacher: Clark Kuhn **Subject:** Practical Living (P.E./Health/Career/Consumerism) **Week:** August 9-11th **Topic:** Rules, procedures, making friends, back to school, movement, football (throwing)

Name: **Clark Kuhn** Date: Week of **1.17.23 to 2.3.23** PE, SEL, Career, & Health Topics: tennis, racket skills, architecture/construction, speed, self management

K-5th Lesson plans

Standards and "I can" statements: K-5th

Kindergarten Health: I can identify the benefits of healthy peers and family relationships. K.1.7.

1st P.E: I can explore manipulative skills with a variety of objects. I can hit a ball in a variety of ways with a racket. K.1.MS1.

1st Health: I can identify ways to prevent the spread of disease-causing germs. 1.1.7

1st P.E.: I can demonstrate manipulative skills with a variety of objects. I can hit a ball in a variety of ways with a racket. 1.1.MS1.

2nd Health: I can analyze steps needed to reach a health-related goal. 2.6.2

P.E. I can demonstrate manipulative skills with a variety of objects. I can hit a ball in a variety of ways with a racket. 2.1.MS1.

Vocabulary:

expectations, rules, rewards, consequences safety, warm up, cool down, dynamic stretching, warm-up, dynamic stretching, stress, tennis, racket skills, architecture, construction, speed

Mini lesson: Greet students and the door and assign students to a spot on the floor alphabetically. Slides: I will go through the first few slides introducing myself and going over behavior expectations, rewards, and consequences.

Warm-up #1: (P.E.) Teacher will go over how to safely run laps. Students will run two laps as a warm up.

Mini lesson: Slides: Monday & Tuesday: What is P.E?

Monday (K-2)

https://www.youtube.com/watch?v=vWfILML_3lg

Monday (3-5)

<https://www.youtube.com/watch?v=KCaxZaIZYs8>

Tuesday: (K-2)

<https://www.youtube.com/watch?v=VCyiiHI2SJU>

Tuesday: (3-5) (speed)

<https://www.youtube.com/watch?v=w9TqnbkH1P8>

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[https://www.youtube.com/watch?v=vtrCAwt65FE](https://www.youtube.com/watch?v=vtrCAwt65FE&t=89s)

[&t=89s](https://www.youtube.com/watch?v=vtrCAwt65FE&t=89s)

Warm-up #2:

Daily Warm-ups #2:

Monday: (snacks) (K-5th)

<https://www.youtube.com/watch?v=8xmKUbcgvDQ>

<https://www.youtube.com/watch?v=IIXFBTRJSak>

Tues: (Rock, Paper,) K-5th

<https://www.youtube.com/watch?v=Q9oU4MBcups>

Wed: (Candy) K-2nd

Weekly

Assessment:

X Observation
X Participation
X Oral responses

-- Self-Evaluation

-- ORQ

X Whole Class

-- Small Group

X- Individual

X Product

(drawing, written response)

Formative and Summative

Assessments

-- Entrance

(flashback) and Exit Slips

X Oral Questions

□ Student Self-Assessment

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3rd Health: I can list examples of dangerous or risky behaviors that might lead to injuries. 3.1.7.

3rd P.E.: I can demonstrate manipulative skills using a variety of objects with a partner. I can hit a ball in a variety of ways with a racket. 3.1.MS1.

4th Health: I can describe ways to prevent the spread of germs that cause infectious disease. 4.1.7.

4th P.E.: I can apply manipulative skills with a partner and using a variety of objects. I can hit a ball in a variety of ways with a racket. 4.1.MS1.

5th Health: I can explain that tobacco use is an addiction that can be treated. 5.1.7.

<https://www.youtube.com/watch?v=6kF91m55ITc>

Wed: Moving: 3rd-5th

<https://www.youtube.com/watch?v=nHDV1-XMgul>

Thurs. (K-5th) Animals

<https://www.youtube.com/watch?v=4IzGW1kWBs0>

Fri. (emoji) <https://www.youtube.com/watch?v=rBC3Sa0f58>

Wed: What is Health?

K-5th Wednesday:

K) (relationships) <https://jr.brainpop.com/health/feelingsandsel/friends/>

1) (germs) <https://www.youtube.com/watch?v=uMbCZfb5k3M>

2) (setting goals) <https://www.youtube.com/watch?v=XGd0gg5Fgjc>

<https://www.youtube.com/watch?v=zJ5y1nwSIJw>

3) (Risky Behaviors) <https://www.brainpop.com/health/nutrition/alcohol/>

4) (Germs) <https://www.youtube.com/watch?v=GGGtQLFPskQ>

5) (Tobacco) <https://www.brainpop.com/health/personalhealth/smoking/>

Career (Thursday)

Primary: Architect / Construction Worker

<https://www.youtube.com/watch?v=zvewCudtFZs&list=P LsrHA2p9h-BjSZNWDzwwKqrDKfALV6oYxUS&index=5>

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5th P.E.: I can apply manipulative skills in game-like situations using various objects. I can hit a ball in a variety of ways with a racket.
5.1.MS1.

<https://www.youtube.com/watch?v=v7azUjcUlzg&t=3s>

Intermediate: Architecture and Construction:

https://www.youtube.com/watch?v=Kn-u6V9GWv0&list=PLwaY7Ha3fP_K1eh0YELehG16aKVZWo0cj&index=3

SEL (Friday) Primary: Self Management K-2nd & 5th

<https://www.youtube.com/watch?v=3uNHujLTa2c>

Intermediate: (Self Management) 3rd-4th (Stress)

<https://www.brainpop.com/english/studyandreadingskills/stress/movie>

Primary K-2nd SPARK Activities:

Monday: Paddle it up & Musical Paddle Bop & Net Ball with Paddle: Use Balloon

Tuesday: Bounce trap: Hit ball in air upwards and let it hit the floor. Challenge: Hit the ball upwards, do not let it hit the floor. (Watch 30 minute elementary PE lesson Tennis #1 video. 1. Bounce the ball downward (medium) 2. Bounce the ball low. 3. Bounce the ball high. 4. Bounce ball downwards, lift leg over.

5. Throw ball upwards, catch ball on the racket 6. Use hula hoop with racket & ball

Wednesday: (Wall ball) Teach T-Stand (stand sideways) point at target, drop ball, swing low to high, racket over shoulder. 1. Hit ball into wall trap ball into racket. 2. Challenge: Hit ball into wall.

Thursday: (Partner Ball) Turn and tap the ball to a partner. 2. Flip beanbag to each other with racket. 3. Hit to partner, trap ball against racket. 4. Roll ball to partner with racket. 5. Toss ball with non-dominant hand, catch ball with cone in dominant hand, let ball bounce. 6. Throw ball back and forth, let ball bounce

Friday: Stations 1. Basketball shoot 2. Hockey pass/trap 3. Jump rope/hula hoop

See attached for lesson, **differentiated instruction and assessment/exit slip**.

Intermediate 3rd-5th SPARK Activities:

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				<p>Monday: Bounce trap: Hit ball in air upwards and let it hit the floor. Challenge: Hit the ball upwards, do not let it hit the floor. (Watch 30 minute elementary PE lesson Tennis #1 video. 1. Bounce the ball downward (medium) 2. Bounce the ball low. 3. Bounce the ball high. 4. Bounce ball downwards, lift leg over. 5. Throw ball upwards, catch ball on the racket 6. Use hula hoop with racket & ball</p> <p>Tuesday: (Wall ball) Teach T-Stand (stand sideways) point at target, drop ball, swing low to high, racket over shoulder. 1. Hit ball into wall trap ball into racket. 2. Challenge: Hit ball into wall.</p> <p>Wednesday: (Partner Ball) Turn and tap the ball to a partner. 2. Flip beanbag to each other with racket. 3. Hit to partner, trap ball against racket. 4. Roll ball to partner with racket. 5. Toss ball with non-dominant hand, catch ball with cone in dominant hand, let ball bounce. 6. Throw ball back and forth, let ball bounce</p> <p>Thursday: Review individual tennis tricks (use video), review tennis ball-handling challenges (use video), review 4 tennis & hockey ball handling part 2 (use video) Review (wall ball) activities from Tuesday. Review (Partner Ball) activities from Wednesday.</p> <p>Friday: Stations 1. Basketball shoot 2. Hockey pass/trap, jump rope, hula hoop/frisbee</p> <p>See attached for lesson, <u>differentiated instruction and assessment/exit slip</u>.</p> <p><u>Cool Down & Rewarding Positive Behaviors:</u> I will review all content to ensure that learning targets were met. If time permits, students will participate in a cool down activity by running one lap and walking one lap and then line up at the door.</p>	

Special Education Modifications and 504 plans are located in the back of Mr. Kuhn's lesson plan binder.