

Teacher: Clark Kuhn **Subject:** Practical Living (P.E./Health/Career/Consumerism) **Week:** August 9-11th **Topic:** Rules, procedures, making friends, back to school, movement, football (throwing)

Name: Clark Kuhn Subject: PE Date: Week of 1.31.22 to 2.18.22 PE, SEL, Career, & Health Topics: Topics: Basketball, relationship skills, human services, muscular/strength endurance

K-5th Lesson plans

Standards and "I can" statements: K-5th

Kindergarten Health: I can describe the benefits of not using tobacco. K.1.8. P.E: I can explore manipulative skills with a variety of objects including a basketball. K.1.MS1

1st Health: I can identify people who can help when someone is injured or suddenly ill. 1.1.8. P.E.: I can explore manipulative skills with a variety of objects including a basketball. 1.1.MS1

2nd Health: I can set goals for positive physical, mental and emotional health. 2.6.1. P.E. I can explore manipulative skills with a variety of objects including a basketball. 2.1.MS1

3rd Health: I can identify characteristics of healthy relationships. 3.1.8.

Vocabulary:

warm up, cool down, dynamic stretching, warm-up, dynamic stretching, basketball, dribbling, passing, shooting, tobacco, goal setting, healthy relationships, bullying, muscular strength & endurance

Mini lesson: Greet students and the door and then students will walk to their assigned spot on the gym floor. Slides: I will go through the first few slides reviewing expectations, rewards, and consequences as needed. I will give the students a basic overview of the class and go over learning targets.

Warm-up #1: (P.E.) Teacher will go over how to safely run laps. Students will dribble 2 laps as a warm up. 4 laps beginning in March.

Daily Warm-ups #2:

Monday: (Dynamic) K-5th:

<https://www.youtube.com/watch?v=2Ww5mQ6IPJY&t=15s>

Mon.: (Dynamic 3) K-5th:

<https://www.youtube.com/watch?v=2AQ1hscUHsY> (Part 2)

Tues: (Dynamic) K-5th: <https://www.youtube.com/watch?v=s1Mf0HT9k58>

Wed.: (Dynamic & Static) K-2nd:

<https://www.youtube.com/watch?v=G1N4dDm7aJs> (15:50)

Wed. (Dynamic & Static) 3rd-5th:

<https://www.youtube.com/watch?v=K6qybIXvkzY>

Thurs.: (Dynamic) K-2nd:

<https://www.youtube.com/watch?v=EXt2jLRLaf8>

Thurs. (Choice) 3rd-5th:

<https://www.youtube.com/watch?v=2Ww5mQ6IPJY&t=15s>

Fri. (Dynamic) K-5th

<https://www.youtube.com/watch?v=B38YUeGyNn4>

See attached for lessons, questions leveled by DOK, **differentiated instruction and assessment/exit slip**. Use of anecdotal records. Participation in activity.

K-5th M & Tu: Physical Education Concepts

Monday: L. James: Read Aloud: Watch (K-2)

<https://www.youtube.com/watch?v=28jR602kEFo>

Monday: (Ball Handling: Watch) (3-5)

Weekly

Assessment:

X Observation
X Participation
X Oral responses
-- Self-Evaluation
-- ORQ
X Whole Class
-- Small Group
X Individual
X Product (drawing, written response)

Formative and Summative Assessments

X Entrance (flashback) and Exit Slips

X Oral Questions

Student Self-Assessment

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Healthy: trust, honesty, respect, clear communication, they make you feel good!
Unhealthy: They make you feel embarrassed or upset, they are not trustworthy, they tell lies, are controlling, push or hit, threaten, name call, spread rumors, put downs. P.E.: I can demonstrate manipulative skills using a variety of objects (basketball) with a partner. 3.1.MS1

4th Health: I can summarize why it is harmful to tease or bully others based on personal characteristics. 4.1.8. P.E.: I can apply manipulative skills using a variety of objects (basketball) with a partner. 4.1.MS1

5th Health: I can explain why it is harmful to bully others based on personal characteristics and describe examples of pro-social behaviors

<https://www.youtube.com/watch?v=d3TGjsXJUuA>
Monday: Basketball: Basics: Dribbling: Do (3-5):
<https://www.youtube.com/watch?v=tg-w45I2lb0&t=601s>
Tuesday: (K-5) Components of Fitness: Watch
<https://www.youtube.com/watch?v=vtrCAwt65FE&t=42s>
Tuesday: Handling/Dribbling: Do (3-5)
<https://www.youtube.com/watch?v=RW6Sneti7JQ>

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K-5th Wednesday: Health Concepts

K (Tobacco) <https://jr.brainpop.com/health/drugs/smoking/>

1 (Tobacco) <https://jr.brainpop.com/health/drugs/smoking/>

2 (Goal Setting)
<https://www.brainpop.com/english/studyandreadingskills/settinggoals/>

3 (Healthy Relationships) <https://www.youtube.com/watch?v=FV4Kd2KXWkc>
(Honesty)

https://www.youtube.com/watch?v=_jHGyYeQAw (respect)

4 (Bullying) <https://www.brainpop.com/health/personalhealth/bullying/>

5 (Bullying) <https://www.brainpop.com/health/personalhealth/bullying/>

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that help prevent violence. 5.1.8. P.E.: I can apply manipulative skills in a game-like situation using a variety of objects (basketball) with a partner. 5.1.MS1

K-5th Thursday & Friday: Career & SEL (Social Emotional Learning) Concepts

Career (Thursday)

Primary: Hair Stylist:

<https://www.youtube.com/watch?v=Otzm4wLnZNA>

Intermediate: Human Services

<https://www.youtube.com/watch?v=LPTyZ2ipQBM>

SEL (Fri.)

Primary: (Relationship Skills)

<https://www.youtube.com/watch?v=RtpMgaCIS0k>

Intermediate: (Relationship Skills)

<https://www.brainpop.com/health/personalhealth/peerpressure/>

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PE Activities (K-2)

K-2nd Activity:

Monday: Bulldozers and builders with cones, Red Light, Green Light with Basketball, practice 2 different passes using the wall (overhead and chest) , The name game: bounce pass the ball saying your name in a group. 2nd round: bounce pass and say the name of the person you are passing to. Half of the students will shoot the basketball at the hoop with one hand while the other half of the students practice shooting the basketball with proper form into a hula hoop. Tuesday: Pattern Dribbling (students dribble to different lines on the court (base line, side lines, 3 point line, foul line), practice shooting form with basketball into the wall, practice shooting foul shots at goal. Passing: The floor is lava: Half court, set up cones, partner up, do not dribble, how many bounce passes can you make from different cones in one minute. Half of the students will shoot the basketball at the hoop with one hand while the other half of the students practice shooting the basketball with proper form against a wall. Wednesday: Stations: 1. Dribbling around the cones or students can come up with their own ball handling routine. 2. Passing against the wall or with a friend (chest, bounce, overhead). 3. Shooting at the hoop or lay ups.

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Thursday: Full court, 5x5 basketball. Students will be taught how to throw in the basketball and will practice guarding each other as one person shoots the basketball.

Friday: Full court, 5x5 basketball. Students will be taught how to throw in the basketball and will practice guarding each other as one person shoots the basketball.

See attached for lessons, questions leveled by DOK, **differentiated instruction and assessment/exit slip**. Anecdotal records, observation and evaluation during station time.

PE Activities (3-5)

3rd-5th Activity:

Monday: Bulldozers and builders with cones, practice 2 different passes using the wall (overhead and chest) , The name game: bounce pass the ball saying your name in a group. 2nd round: bounce pass and say the name of the person you are passing to. Half of the students will shoot the basketball at the hoop with one hand while the other half of the students practice shooting the basketball with proper form against a wall.

Tuesday: Pattern Dribbling (students dribble to different lines on the court (base line, side lines, 3 point line, foul line), practice shooting form with basketball into the wall, practice shooting layups at goal. Passing: The floor is lava: Half court, set up cones, partner up, do not dribble, how many bounce passes can you make from different cones in one minute.

Wednesday: Stations: 1. Dribbling around the cones or students can come up with their own ball handling routine. 2. Passing against the wall or with a friend (chest, bounce, overhead). 3. Shooting at the hoop or lay ups.

Thursday: Full court, 5x5 basketball. Students will be taught how to throw in the basketball and will practice guarding each other as one person shoots the basketball.

Friday: Full court, 5x5 basketball. Students will be taught how to throw in the basketball and will practice guarding each other as one person shoots the basketball.

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				Cool Down & Rewarding Positive Behaviors: Mr. Kuhn will pass out “B Bucks” tickets. I will review all content to ensure that learning targets were met. If time permits, Students will participate in some static stretching and/or students will participate in a cool down activity by running one lap and walking one lap and then line up at the door.	

Special Education Modifications and 504 plans are located in the back of Mr. Kuhn’s lesson plan binder.