

Teacher: Clark Kuhn **Subject:** Practical Living (P.E./Health/Career/Consumerism) **Week:** August 9-11th **Topic:** Rules, procedures, making friends, back to school, movement, football (throwing)

Name: Clark Kuhn **Date:** Week of 2.1 - 2.19.2021 **Subject:** PE, SEL, Career & Health: Non-locomotor, injuries, goals, sun dangers, smoking

<p>K-5th Lesson plans</p>	<p><u>Standards and "I can" statements: K-5th</u></p> <p>Kindergarten Health: I can identify the benefits of personal health care practices. K.1.5 P.E.: I can explore a variety of locomotor movements, traveling in different directions. K.1.L1</p> <p>1st Health: I can list ways to prevent harmful effects of the sun. 1.1.17 P.E.: I can perform a variety of locomotor movements using different body parts. 1.1.L1</p> <p>2nd Health: I can identify short and long-term physical effects of being exposed to tobacco smoke. 2.1.7 P.E.: I can perform a variety of locomotor movements traveling in different directions, at different speeds and in different pathways. 2.1.L1</p> <p>3rd Health: I can describe ways to prevent harmful effects of the sun. 3.1.6 P.E.: I can perform, alone and with others, a variety of locomotor movements at different levels, and in different pathways and directions, with and without</p>	<p><u>Vocabulary:</u></p> <p>warm-up, dynamic stretching, locomotor, non locomotor, broken bones, safety, sunscreen, dental hygiene, smoking, injuries, poison</p>	<p>Mini lesson: Monday-Friday (K-5): I will begin the meeting by reviewing behavior expectations while we are in the classroom or online and if we go outside for additional activities. Then I will go over the grade specific "I can" statements. I will reinforce the career cluster: Finance. The SEL focus this week will be self awareness.</p> <p><u>Warm-Up (K-2nd)</u></p> <p>Monday & Thursday: A2F: Westward Whoa! Part 1</p> <p>https://app.adventure2learning.com/videos/348c3bc3-847f-4057-92de-3e51e5a4d695</p> <p>Tuesday & Friday: Among Us (Choice Workout)</p> <p>https://www.youtube.com/watch?v=DFW4E6WqYcQ</p> <p><u>P.E. Warm-up & Activity: Assessments & Differentiated Instruction:</u> K-5th (Monday-Friday): Visual observation while students are (exercising, playing a game, participating in a sport) to ensure they are using proper form and technique. For struggling students, they will be paired up with a peer that can provide additional assistance and modeling. Struggling students will also receive more one on one instruction/modeling from the teacher. Advanced students will be given individual challenges that are included in the attached SPARK or OPEN lesson plans.</p> <p><u>Warm-Up (3rd-5th)</u></p> <p>Monday & Thursday: Kempo: The Shadow</p> <p>https://app.adventure2learning.com/videos/faaca1c1-fd36-4f80-9da9-57da31384863</p>	<p><u>Weekly Assessment:</u></p> <p>X Observation</p> <p>X Participation</p> <p>X Oral responses</p> <p>-- Self-Evaluation</p> <p>-- ORQ</p> <p>X Whole Class</p> <p>-- Small Group</p> <p>X- Individual</p> <p>X Product (drawing, written response)</p> <p><u>Formative and Summative Assessments</u></p> <p>-- Entrance (flashback) and Exit Slips</p> <p>X Oral Questions</p> <p>□ Student Self-Assessment</p>
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equipment. 3.1.L1

4th Health: I can list ways to prevent injuries at home, at school and in the community and explain what to do if someone is poisoned or injured and needs help. 4.1.6 **P.E.:** I can perform different combinations of locomotor movements with and without equipment, alone and with others, moving at different speeds and levels, using different pathway and traveling in different directions. 4.1.L1

5th Health: I can analyze personal health practices and set goals to practice positive behaviors that affect physical, mental and emotional health. 5.7.1 **P.E.:** I can explore different combinations of locomotor movements with and without equipment, alone and with others, moving at different speeds and levels using different pathways in game-like situations. 5.1.L1

Tuesday & Friday: Fortnite Fitness

Dance (Choice) Tabata <https://www.youtube.com/watch?v=yx2fWQO8gY>

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Health Activity: (K-2nd)

Monday & Thursday: Health

K: Caring for Teeth: <https://jr.brainpop.com/health/teeth/caringforteeth/>

1st: Sun Protection: <https://www.youtube.com/watch?v=ZwpbuCJr63E>

2nd: Smoking <https://jr.brainpop.com/health/drugs/smoking/>

Tuesday & Friday: (SEL)

Self Awareness: <https://www.youtube.com/watch?v=D9OOXCu5XMg>

Health Assessment & Differentiated Instruction: (K-2nd)

Monday & Thursday (Health) K & 2nd: Take a quiz

from jrbrainpop.com

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1st: Draw a picture of various ways they can protect

themselves from the sun.

Tuesday & Friday (SEL) Draw a picture describing what

they are good at and/or what they like about themselves.

Differentiated Instruction: In written assessments, students can illustrate, write words, sentences, or paragraphs depending on ability. Struggling students can be paired with a student who can assist as needed.

Health Activity (3-5th)

Monday & Thursday: (3rd-5th) Career Clusters: Finance:

https://www.youtube.com/watch?v=73Rlalb8dNk&list=PLwaY7Ha3fP_K1ehOYELehG16aKVZWoOcj&index=7

(SEL) Self Awareness <https://www.youtube.com/watch?v=n7WRDmwqLec>

Tuesday & Friday: Health: (3rd) Sun Protection

<https://www.brainpop.com/health/personalhealth/sunprotection/>

4th: Broken Bones

<https://www.brainpop.com/health/diseasesinjuriesandconditions/brokenbones/>

5th: Goal Setting:

<https://www.brainpop.com/english/studyandreadingskills/settinggoals/>

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Health Assessment & Differentiated Instruction: (3rd-5th)

Monday & Thursday: Students will illustrate ways to cope with stress.

Students can illustrate what they are good at (their strengths) or what they like about themselves. Students can illustrate what they do to make themselves feel better when they are angry or sad.

Tuesday & Friday: (3rd-5th) Students will complete a quiz from brainpop.com

Differentiated Instruction: In written assessments, students can illustrate, write words, sentences, or paragraphs depending on ability. Struggling students can be paired with a student who can assist as needed.

P.E. Activities (K-2nd)

Monday & Thursday: Rock, Paper, Shoot Fitness Game

<https://www.youtube.com/watch?v=utqwzdsFGVc>

Tuesday & Friday: A2F: Westward Whoa! Part 2

<https://app.adventure2learning.com/videos/348c3bc3-847f-4057-92de-3e51e5a4d695>

P.E. Warm-up & Activity: Assessments & Differentiated Instruction: K-5th

(Monday-Friday): Visual observation while students are (exercising, playing a game, participating in a sport) to ensure they are using proper form and technique. For struggling students, they will be paired up with a peer that can provide additional assistance and modeling. Struggling students will also receive more one on one instruction/modeling from the teacher. Advanced students will be given individual

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			<p>challenges that are included in the attached SPARK or OPEN lesson plans.</p> <p><u>P.E. Activities (3rd-5th)</u></p> <p>Monday & Thursday: Rock, Paper, Shoot Fitness Game</p> <p>https://www.youtube.com/watch?v=utqwzdsFGVc</p> <p>Tuesday & Friday: Super Smash Bros. Fitness</p> <p>https://www.youtube.com/watch?v=vDB2DOs2pHI&t=4s</p> <p><u>P.E. Warm-up & Activity: Assessments & Differentiated Instruction: K-5th</u> (Monday-Friday): Visual observation while students are (exercising, playing a game, participating in a sport) to ensure they are using proper form and technique. For struggling students, they will be paired up with a peer that can provide additional assistance and modeling. Struggling students will also receive more one on one instruction/modeling from the teacher. Advanced students will be given individual challenges that are included in the attached SPARK or OPEN lesson plans.</p>	
			<p>Online learning: Student will complete three (2 PE and 1 Health) choice board activities on days they are not present for online learning.</p> <p>Differentiated Instructions: Students are given choices as to which activities that they would like to complete. Assessment: Participation</p>	

Special Education Modifications and 504 plans are located in the back of Mr. Kuhn's lesson plan binder.