

**Teacher:** Clark Kuhn **Subject:** Practical Living (P.E./Health/Career/Consumerism) **Week:** August 9-11th **Topic:** Rules, procedures, making friends, back to school, movement, football (throwing)

**Name:** Clark Kuhn **Date:** Week of 2.22 - 3.12.2021 **Subject:** PE, SEL, Career & Health: Non-locomotor, friends, emotions, injuries, germs

<p><b>K-5th Lesson plans</b></p>	<p><u><b>Standards and "I can" statements: K-5th</b></u></p> <p>Kindergarten Health: I can identify the benefits of healthy peer and family relationships. K.1.7 <b>P.E.:</b> I can explore a variety of locomotor movements, traveling in different directions. K.1.L1</p> <p>1st Health: I can identify ways to prevent the spread of disease-causing germs. 1.1.18 <b>P.E.:</b> I can perform a variety of locomotor movements using different body parts. 1.1.L1</p> <p>2nd Health: I can demonstrate healthy ways to effectively communicate needs, wants and feelings. 2.4.2 <b>P.E.:</b> I can perform a variety of locomotor movements traveling in different directions, at different speeds and in different pathways. 2.1.L1</p> <p>3rd Health: I can list examples of dangerous or risky behaviors that</p>	<p><u><b>Vocabulary:</b></u></p> <p>warm-up, dynamic stretching, locomotor, non locomotor, friends, emotions, injuries, germs, tobacco</p>	<p><b>Mini lesson: Monday-Friday (K-5):</b> I will begin the meeting by reviewing <b>behavior expectations</b> while we are in the classroom or online and if we go outside for additional activities. Then I will go over the grade specific "I can" statements. I will reinforce the career cluster: Human Services. The SEL focus this week will be <b>self management</b>.</p> <p><u><b>Warm-Up (K-2nd)</b></u></p> <p><b>Monday &amp; Thursday: A2F: Westward Whoa! Part 3</b></p> <p><a href="https://app.adventure2learning.com/videos/348c3bc3-847f-4057-92de-3e51e5a4d695">https://app.adventure2learning.com/videos/348c3bc3-847f-4057-92de-3e51e5a4d695</a></p> <p><b>Tuesday &amp; Friday: True Love Fitness (Choice Workout)</b></p> <p><a href="https://www.youtube.com/watch?v=nYFFM7GGvoo">https://www.youtube.com/watch?v=nYFFM7GGvoo</a></p> <p><b><u>P.E. Warm-up &amp; Activity: Assessments &amp; Differentiated Instruction:</u></b> K-5th (Monday-Friday): Visual observation while students are (exercising, playing a game, participating in a sport) to ensure they are using proper form and technique. For struggling students, they will be paired up with a peer that can provide additional assistance and modeling. Struggling students will also receive more one on one instruction/modeling from the teacher. Advanced students will be given individual challenges that are included in the attached SPARK or OPEN lesson plans.</p> <p><u><b>Warm-Up (3rd-5th)</b></u></p>	<p><b><u>Weekly Assessment:</u></b></p> <p>X <b>Observation</b></p> <p>X <b>Participation</b></p> <p>X <b>Oral responses</b></p> <p>--</p> <p><b>Self-Evaluation</b></p> <p><b>ORQ</b></p> <p>X <b>Whole Class</b></p> <p>-- <b>Small Group</b></p> <p>X- <b>Individual</b></p> <p>X <b>Product (drawing, written response)</b></p> <p><b><u>Formative and Summative Assessments</u></b></p> <p>-- <b>Entrance (flashback) and Exit Slips</b></p> <p>X <b>Oral Questions</b></p> <p>□ <b>Student Self-Assessment</b></p>
----------------------------------	---	--	---	--

**Teacher:** Clark Kuhn **Subject:** Practical Living (P.E./Health/Career/Consumerism) **Week:** August 9-11th **Topic:** Rules, procedures, making friends, back to school, movement, football (throwing)

might lead to injuries.  
3.1.7 **P.E.:** I can perform, alone and with others, a variety of locomotor movements at different levels, and in different pathways and directions, with and without equipment. 3.1.L1

4th Health: I can describe ways to prevent the spread of germs that cause infectious disease. 4.1.7 **P.E.:** I can perform different combinations of locomotor movements with and without equipment, alone and with others, moving at different speeds and levels, using different pathway and traveling in different directions. 4.1.L1

5th Health: I can explain that tobacco use is an addiction that can be treated. 5.1.7 **P.E.:** I can explore different combinations of locomotor movements

Monday & Thursday: Kempo: Blocked

<https://app.adventure2learning.com/videos/64920bc7-33d3-420e-bf82-7c9692eaca86>

Tuesday & Friday: Cobra Kai Workout “Karate”

<https://www.youtube.com/watch?v=QC2MloaVTpM>

**P.E. Warm-up & Activity: Assessments & Differentiated Instruction:** K-5th (Monday-Friday): Visual observation while students are (exercising, playing a game, participating in a sport) to ensure they are using proper form and technique. For struggling students, they will be paired up with a peer that can provide additional assistance and modeling. Struggling students will also receive more one on one instruction/modeling from the teacher. Advanced students will be given individual challenges that are included in the attached SPARK or OPEN lesson plans.

**Health Activity: (K-2nd)**

Monday & Thursday: Health

K: Friends (Relationships): <https://jr.brainpop.com/health/feelings/friends/>

1st: Handwashing: <https://jr.brainpop.com/health/bewell/washinghands/>

2nd: Careers: Hair Stylist:

**Teacher:** Clark Kuhn **Subject:** Practical Living (P.E./Health/Career/Consumerism) **Week:** August 9-11th **Topic:** Rules, procedures, making friends, back to school, movement, football (throwing)

with and without equipment, alone and with others, moving at different speeds and levels using different pathways in game-like situations. 5.1.L1

<https://www.youtube.com/watch?v=0tzm4wLnZNA>

Choice Board: Safe Touch:

<https://www.youtube.com/watch?v=zNTUMNKSJNwk>

Tuesday & Friday: (SEL) & Careers

Self-Management: (Anger Management):

<https://www.youtube.com/watch?v=DbpTohPUhMw>

**Health Assessment & Differentiated Instruction: (K-2nd)**

Monday & Thursday (Health) K: Students will take a quiz from jrbrainpop.com

1st: Students will take a quiz on handwashing from jrbrainpop

2nd: Students will illustrate a picture demonstrating different

Emotions. (Happy, sad, mad, surprised, worried, and etc.)

Tuesday & Friday (SEL): (3rd-5th)

All students will illustrate a picture showing the steps to calm yourself down when you are angry.

Differentiated Instruction: In written assessments, students can illustrate, write words, sentences, or paragraphs depending on ability. Struggling students can be paired with a student who can assist as needed.

**Teacher:** Clark Kuhn **Subject:** Practical Living (P.E./Health/Career/Consumerism) **Week:** August 9-11th **Topic:** Rules, procedures, making friends, back to school, movement, football (throwing)

**Health Activity (3-5th)**

Monday & Thursday: (3rd-5th) Career Clusters: Human Services:

[https://www.youtube.com/watch?v=LPTyZ2ipQBM&list=PLwaY7Ha3fP\\_K1ehOYELehG16aKVZWoOcj&index=11](https://www.youtube.com/watch?v=LPTyZ2ipQBM&list=PLwaY7Ha3fP_K1ehOYELehG16aKVZWoOcj&index=11)

(SEL) Self-Management::

<https://www.youtube.com/watch?v=erZVMEW-cAM>

**Tuesday & Friday: Health:**

**(3rd) Ricky Behaviors (Broken Bones)**

<https://www.brainpop.com/health/diseasesinjuriesandconditions/brokenbones/>

4th: Immune System (germs)

<https://www.brainpop.com/health/bodysystems/immunesystem/>

5th: Tobacco:

<https://www.brainpop.com/health/personalhealth/smoking/>

**Health Assessment & Differentiated Instruction:** (3rd-5th)

**Teacher:** Clark Kuhn **Subject:** Practical Living (P.E./Health/Career/Consumerism) **Week:** August 9-11th **Topic:** Rules, procedures, making friends, back to school, movement, football (throwing)

				<p>Monday &amp; Thursday:</p> <p>Students will illustrate pictures of what they can do to make themselves feel better when they are sad or mad.</p> <p>Students can illustrate a career in the human services career cluster.</p> <p>Tuesday &amp; Friday:</p> <p>3rd grade students will take a quiz on broken bones (risky behaviors) on brainpop.</p> <p>4th grade students will take a quiz on the immune system (germs) on brainpop.</p> <p>5th grade students will take a quiz on tobacco on brainpop.</p> <p><b><u>P.E. Activities (K-2nd)</u></b></p> <p>Monday &amp; Thursday: What is This Workout:</p> <p><a href="https://www.youtube.com/watch?v=jkZ1RLihUvI">https://www.youtube.com/watch?v=jkZ1RLihUvI</a></p> <p><b>Monday &amp; Thursday: A2F: Westward Whoa! Part 4</b></p> <p><a href="https://app.adventure2learning.com/videos/348c3bc3-847f-4057-92de-3e51e5a4d695">https://app.adventure2learning.com/videos/348c3bc3-847f-4057-92de-3e51e5a4d695</a></p> <p><b><u>P.E. Warm-up &amp; Activity: Assessments &amp; Differentiated Instruction:</u></b> K-5th (Monday-Friday): Visual observation while students are (exercising, playing a</p>	
--	--	--	--	---	--

**Teacher:** Clark Kuhn **Subject:** Practical Living (P.E./Health/Career/Consumerism) **Week:** August 9-11th **Topic:** Rules, procedures, making friends, back to school, movement, football (throwing)

			<p>game, participating in a sport) to ensure they are using proper form and technique. For struggling students, they will be paired up with a peer that can provide additional assistance and modeling. Struggling students will also receive more one on one instruction/modeling from the teacher. Advanced students will be given individual challenges that are included in the attached SPARK or OPEN lesson plans.</p> <p><b><u>P.E. Activities (3rd-5th)</u></b></p> <p>Monday &amp; Thursday: Favorite Animal Fitness</p> <p><a href="https://www.youtube.com/watch?v=yV9z99gWjvY">https://www.youtube.com/watch?v=yV9z99gWjvY</a></p> <p>Tuesday &amp; Friday: Good Luck Catching (Crumpled Paper Ball) - Choice</p> <p><a href="https://www.youtube.com/watch?v=Xxhqi4tD_dw">https://www.youtube.com/watch?v=Xxhqi4tD_dw</a></p> <p><b><u>P.E. Warm-up &amp; Activity: Assessments &amp; Differentiated Instruction:</u></b> K-5th (Monday-Friday): Visual observation while students are (exercising, playing a game, participating in a sport) to ensure they are using proper form and technique. For struggling students, they will be paired up with a peer that can provide additional assistance and modeling. Struggling students will also receive more one on one instruction/modeling from the teacher. Advanced students will be given individual challenges that are included in the attached SPARK or OPEN lesson plans.</p>	
			<p>Online learning: Students will complete three (2 PE and 1 Health) choice board activities on days they are not present for online learning.</p>	

**Teacher:** Clark Kuhn **Subject:** Practical Living (P.E./Health/Career/Consumerism) **Week:** August 9-11th **Topic:** Rules, procedures, making friends, back to school, movement, football (throwing)

				Differentiated Instructions: Students are given choices as to which activities that they would like to complete. Assessment: Participation	
--	--	--	--	--	--

Special Education Modifications and 504 plans are located in the back of Mr. Kuhn's lesson plan binder.