

**Teacher:** Clark Kuhn **Subject:** Practical Living (P.E./Health/Career/Consumerism) **Week:** August 9-11th **Topic:** Rules, procedures, making friends, back to school, movement, football (throwing)

Name: **Clark Kuhn** Date: Week of **2.27.23 to 3.17.23** PE, SEL, Career, & Health Topics: basketball, business, relationship skills, reaction time, bullying, tobacco, conflict resolution

## K-5th Lesson plans

### Standards and "I can" statements: K-5th

Kindergarten Health: I can identify why it is harmful to tease or **bully** others. K.1.10.

Kindergarten P.E: I can explore manipulative skills with a basketball. K.1.MS1.

1st Health: I can explain what to do if some is being **bullied**. 1.1.10

1st P.E.: I can demonstrate manipulative skills with a basketball. 1.1.MS1.

2nd Health: I can **set goals** for positive physical, mental and emotional health. 2.6.1

2nd P.E. I can demonstrate manipulative skills with a basketball. 2.1.MS1.

3rd Health: I can describe the benefits from not using **tobacco** and explain the dangers of using tobacco products . 3.1.9.

3rd P.E.: I can

### Vocabulary:

expectations, rules, rewards, consequences safety, warm up, cool down, dynamic stretching, warm-up, dynamic stretching, dribble, passing, shooting, bullying, setting goals, tobacco, conflict resolution, reaction time, relationship skills

Mini lesson: Greet students and the door and assign students to a spot on the floor alphabetically. Slides: I will go through the first few slides introducing myself and going over behavior expectations, rewards, and consequences.

Warm-up #1: (P.E.) Teacher will go over how to safely run laps. Students will run two laps as a warm up.

Mini lesson: Slides: Monday & Tuesday: What is P.E?

Monday (K-1) <https://www.youtube.com/watch?v=Gi4PlmtDhSk>

Monday (2-5)

<https://www.youtube.com/watch?v=K9NCz43Ryw4>

Tuesday: (K-1) <https://www.youtube.com/watch?v=5dR22hbIn6w>

Tuesday: (2-5) (reaction time)

<https://www.youtube.com/watch?v=tibJeCDdDSI>

<https://www.youtube.com/watch?v=vtrCAwt65FE&t=108s>

Warm-up #2:

**Monday: (basketball) (K-5th)**

<https://www.youtube.com/watch?v=5j3flFKTso0>

**Tuesday: Sesame Street (K-2nd)**

<https://www.youtube.com/watch?v=Ygn5T8vD1to>

**Tuesday: Instruments (3rd-5th)**

[https://www.youtube.com/watch?v=RVWv6mG\\_A9M](https://www.youtube.com/watch?v=RVWv6mG_A9M)

**Wed: (Marvel) K-2nd**

[https://www.youtube.com/watch?v=99ITsTEIb\\_4](https://www.youtube.com/watch?v=99ITsTEIb_4)

**Wed: Heart Trivia: 3rd-5th**

<https://www.youtube.com/watch?v=fz-NNR3vpFY>

**Thurs. (K-2nd) Snacks**

<https://www.youtube.com/watch?v=KFLUvvWrR-8>

### Weekly

#### Assessment:

X Observation  
X Participation  
X Oral responses  
-- Self-Evaluation  
-- ORQ  
X Whole Class  
-- Small Group  
X- Individual  
X Product (drawing, written response)

#### Formative and Summative Assessments

-- Entrance (flashback) and Exit Slips

X Oral Questions

□ Student Self-Assessment

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demonstrate manipulative skills using a basketball with a partner. 3.1.MS1.

4th Health: I can explain the short and long-term physical effects of being exposed to others' **tobacco** use. 4.1.9.

4th P.E.: I can apply manipulative skills with a partner and using a basketball. 4.1.MS1.

5th Health: I can demonstrate healthy ways to manage or **resolve conflict**. 5.4.2.

5th P.E.: I can apply manipulative skills in game-like situations using a basketball. 5.1.MS1.

**Thurs. (3rd-5th) Wrestling**

<https://www.youtube.com/watch?v=MDiK463LM6U>

**Fri. (K-5th) B-Ball, Make or Miss**

<https://www.youtube.com/watch?v=l730zSsD-74>

K-5th Wednesday:

Wed: What is Health?

K) (bullying) <https://jr.brainpop.com/health/besafe/bullying/>

1) (bullying) <https://jr.brainpop.com/health/besafe/bullying/>

2) (goal setting)

<https://www.youtube.com/watch?v=a4jnPQD7pO8>

3) (tobacco)

<https://www.brainpop.com/health/personalhealth/smoking/>

4) (tobacco)

<https://www.brainpop.com/health/personalhealth/smoking/>

5) (conflict resolution)

<https://www.brainpop.com/health/personalhealth/conflictresolution/>

**Career (Thursday)**

**Primary: Toy Maker (Business)**

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<https://www.youtube.com/watch?v=R01r5ohQ9aM>

**Intermediate: Business,  
Management & Administration:**

<https://www.youtube.com/watch?v=m00aoY4hGYE>

**SEL (Friday) Primary: Relationship Skills K-2nd  
(respect)**

<https://www.youtube.com/watch?v=GOzrAK4g0So>

**Intermediate: (Relationship  
Skills/Respect) 3rd-5th**

<https://www.youtube.com/watch?v=t40SZtaJo84>

**Primary K-2nd SPARK & Open Activities:**

Monday: Full court basketball game (1st-2nd) (K: Station Review: Hula hoops/Jump Ropes, Football toss, hockey puck pass)

Tuesday: Full court basketball game (1st-2nd) (K: Color Tag, dribbling tag, freeze tag) Ships and Sailors

Wednesday: Full court basketball game (1st-2nd) (K Freeze tag, Hula hoop cars from SPARK, Ships and Sailors

Thursday: Full court basketball game (1st-2nd) (K: Color Tag, dribbling tag, Ships and Sailors

Friday: Station Review (K-2nd) 1. Shooting into a hula hoop 2. Passing 3. Shooting into a goal

See attached for lesson, **differentiated instruction and assessment/exit slip.**

**Intermediate 3rd-5th SPARK & Open Activities:**

Monday: Full court basketball game

Tuesday: Full court basketball game

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				<p>Wednesday: Full court basketball game Thursday: Full court basketball game Friday: Station Review 1. Shooting into a hula hoop 2. Passing 3. Shooting into a goal.</p> <p>See attached for lesson, <b><u>differentiated instruction and assessment/exit slip</u></b>.</p> <p><b><u>Cool Down &amp; Rewarding Positive Behaviors:</u></b> I will review all content to ensure that learning targets were met. If time permits, students will participate in a cool down activity by running one lap and walking one lap and then line up at the door.</p>	

Special Education Modifications and 504 plans are located in the back of Mr. Kuhn's lesson plan binder.