

**Teacher:** Clark Kuhn **Subject:** Practical Living (P.E./Health/Career/Consumerism) **Week:** August 9-11th **Topic:** Rules, procedures, making friends, back to school, movement, football (throwing)

Name: **Clark Kuhn** Date: Week of **4.17.23 to 5.5..23** PE, SEL, Career, & Health Topics: Review of sports, Field Day activities, health care workers, vaping, media influence, empathy

## K-5th Lesson plans

### Standards and "I can" statements: K-5th

Kindergarten Health: I can identify why it is harmful to tease or **bully** others. K.1.10.

Kindergarten P.E: I can explore manipulative skills with a basketball. K.1.MS1.

1st Health: I can explain what to do if some is being **bullied**. 1.1.10

1st P.E.: I can demonstrate manipulative skills with a basketball. 1.1.MS1.

2nd Health: I can **set goals** for positive physical, mental and emotional health. 2.6.1

2nd P.E. I can demonstrate manipulative skills with a basketball. 2.1.MS1.

3rd Health: I can describe the benefits from not using **tobacco** and explain the dangers of using tobacco products . 3.1.9.

3rd P.E.: I can

### Vocabulary:

expectations, rules, rewards, consequences safety, warm up, cool down, dynamic stretching, warm-up, dynamic stretching, breakfast, lungs, power, Field Day, community helpers, health care workers, vaping, media influence, hospitality, tourism, social awareness, empathy, tolerance

Mini lesson: Greet students and the door and assign students to a spot on the floor alphabetically. Slides: I will go through the first few slides introducing myself and going over behavior expectations, rewards, and consequences.

Warm-up #1: (P.E.) Teacher will go over how to safely run laps. Students will run three laps as a warm up.

Mini lesson: Slides: Monday & Tuesday: What is P.E?

Monday (K-2) Field Day <https://www.youtube.com/watch?v=CJoxT08RBFI>

Monday (3-5) Breakfast <https://www.youtube.com/watch?v=01QVPn5NuKU>

Tuesday: (K-2) Lungs <https://jr.brainpop.com/health/bodies/lungs/>

Tuesday: (3-5) (power) [https://www.youtube.com/watch?v=Tpzrl\\_LlsGM](https://www.youtube.com/watch?v=Tpzrl_LlsGM)

(4:00) <https://www.youtube.com/watch?v=vtrCAwt65FE&t=108s>

### **Daily Warm-ups #2: (reinforce flexibility)**

#### **Monday: (Minions) (K-2nd)**

<https://www.youtube.com/watch?v=iQRbtOYnMRU>

#### **Monday Family Feud Community Helpers (3rd-5th)**

<https://www.youtube.com/watch?v=854zyDcP1z0>

#### **Tuesday: Animals (K-2nd)**

<https://www.youtube.com/watch?v=F11A2JU2h88>

#### **Tuesday: Thumbs Up Thumbs Down (3rd-5th)**

<https://www.youtube.com/watch?v=6c03bJmUTRO>

#### **Wed: (Hula Hoop Warm-up) K-2nd**

<https://www.youtube.com/watch?v=xr-NUp9BqcY>

#### **Wed: (Fact or Fiction: Animals): 3rd-5th**

<https://www.youtube.com/watch?v=nysu8MhWM6o>

#### **Thurs. (K-2nd) (Snacks)**

<https://www.youtube.com/watch?v=JpD3KK51o2g>

#### **Thurs. (3rd-5th) Stretch & Move**

<https://www.youtube.com/watch?v=qr4t2RGOn30>

### Weekly

#### Assessment:

X Observation

X Participation

X Oral

responses

-- Self-Evaluation

-- ORQ

X Whole Class

-- Small Group

X- Individual

X Product

(drawing, written

response)

#### Formative and

#### Summative

#### Assessments

-- Entrance

(flashback) and

Exit Slips

X Oral

Questions

Student

Self-Assessment

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demonstrate manipulative skills using a basketball with a partner. 3.1.MS1.

4th Health: I can explain the short and long-term physical effects of being exposed to others' **tobacco** use. 4.1.9.

4th P.E.: I can apply manipulative skills with a partner and using a basketball. 4.1.MS1.

5th Health: I can demonstrate healthy ways to manage or **resolve conflict**. 5.4.2.

5th P.E.: I can apply manipulative skills in game-like situations using a basketball. 5.1.MS1.

**Fri. (K-5th) (Dogs)**

<https://www.youtube.com/watch?v=PW6cK1K80jU>

### K-5th Wednesday: What is Health

K) (health care workers)

[https://www.youtube.com/watch?v=yCH\\_Ux0uEiQ](https://www.youtube.com/watch?v=yCH_Ux0uEiQ)

1) (health care workers)

[https://www.youtube.com/watch?v=yCH\\_Ux0uEiQ](https://www.youtube.com/watch?v=yCH_Ux0uEiQ)

2) (health care workers)

[https://www.youtube.com/watch?v=yCH\\_Ux0uEiQ](https://www.youtube.com/watch?v=yCH_Ux0uEiQ)

3) (media & peers influence behavior)

<https://www.youtube.com/watch?v=FGv6sx0gOcc>

4) (vaping) <https://www.youtube.com/watch?v=adwJvS6NBcM>

5) (vaping) <https://www.youtube.com/watch?v=adwJvS6NBcM>

K-5th Thursday & Friday (Career & SEL)

**Primary: Baker (hospitality & tourism)**

[https://www.youtube.com/watch?v=j\\_sBq\\_GaVE&list=PLsrHA2p9h-BjSZNWDzwKqrDKfALV6oYxU&index=3](https://www.youtube.com/watch?v=j_sBq_GaVE&list=PLsrHA2p9h-BjSZNWDzwKqrDKfALV6oYxU&index=3)

**Intermediate (Hospitality & Tourism):**

<https://www.youtube.com/watch?v=KJvZ7VGqRg8>

**SEL (Friday) Primary: (Social Awareness) K-2nd**

<https://www.youtube.com/watch?v=WdwA-zlcYiM>

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**Intermediate: (Social Awareness: Empathy/Tolerance) 3rd-5th**

<https://www.youtube.com/watch?v=aU3QfyqvHk8>

**P.E. Activities (Monday - Friday)**

**Primary K-2nd SPARK & Open Activities:**

Monday: **Football & Tug O War & Beanbag Toss**

Tuesday: **Kickball & T-Ball**

Wednesday: **Soccer (tag) & 50-yard relay, spoon relay**

Thursday: **Sack race & Balloon Chair Relay & Parachute activities**

Friday: Station Review **1. Scooter Relay 2. Frisbee 3. Volleyball (balloons)**

See attached for lesson, **differentiated instruction and assessment/exit slip.**

**Intermediate 3rd-5th SPARK & Open Activities:**

Monday: **Football & Tug O War** (muscular strength, muscular endurance) & **Beanbag Toss** (reaction time)

Tuesday: **Kickball & T-ball** (speed & coordination)

Wednesday: **Soccer keep away** (agility) & **50-yard relay** (cardiovascular fitness), **spoon relay, balloon chair relay** (cardiovascular fitness)

Thursday: **Sack race** (balance) & **three legged race** (balance, coordination) & **Balloon Chair Relay** (Speed)

Friday: Station Review **1. Basketball shoot** (coordination) **2. Frisbee** (coordination) **3. Volleyball Serving** (power)

See attached for lesson, **differentiated instruction and assessment/exit slip.**

**Cool Down & Rewarding Positive Behaviors:** I will review all content to ensure that learning targets were met. If time permits, students will participate in a cool down activity by running one lap and walking one lap and then line up at the door.

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Special Education Modifications and 504 plans are located in the back of Mr. Kuhn's lesson plan binder.