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|  | **K-5th****Lesson plans** | **KDOE: Personal Wellness: 3.2:** Students demonstrate the ability to maintain a healthy lifestyle. **KDOE: Lifetime Physical Wellness: 4.2:** Students use productive team membership skills. **KDOE: Psychomotor Skills (PE):** 2.34: Students perform physical movement skills effectively in a variety of settings.  | Vocabulary:Expectation safety, stretching, warm up, relay, basketball, kickball, bases, foul, allergies, baseball | **Career:** I can what allergies are and how to prevent their side effects K-2nd). **P.E.:** I can explain basics about how baseball is played (3rd- 5th). **P.E.:** I can shoot a basketball with correct form and make a basket from the foul line (3-5th). **P.E.:** I can use my arms and legs to quickly move a scooter (K-2nd). **P.E.:** I can kick a ball, run bases, and avoid getting tagged by a kickball (2nd-5th). **P.E.:** I can chase another student if I am tagged (K-1st). **Mini Lesson:** (P.E.) Students will sit on the white circle and will review expectations and safety rules for P.E. **Warm-up:** (P.E.) Students will run three laps as a warm up. **Mini Lesson**: (Health-Stress reducer) Mr. Kuhn will choose a “Joke of the day” from the jokes submitted from the students. **Warm-up continued:** (P.E.) Mr. Kuhn will spend some time reviewing the hand symbol that lets students know when it is time to get into their personal space. Students will watch a video from Adventure to Fitness “Captive Castle” (3-8 minute mark). **Mini Lesson:** (Career) Students will spend a few minutes watching a video from brainpopjr.com titled “allergies”. DOK 2: Compare and contrast allergies and having a cold. As a flashback, students will some of the things that they learned from Monday’s guest speaker. (P.E.) Students will spend a few minutes watching a video on brainpop.com titled “baseball”. Question: DOK 1: Explain how the game of baseball is played. DOK 2: Compare and contrast the sport of baseball and kickball. As a flashback, students will some of the things that they learned from Monday’s guest speaker.**Fitness Activity #1:** Field Day Activity: Kickball (2nd-5th)**Activity Description**: Students will be put into two groups. This game will be played in a similar fashion as baseball except students will kick the ball instead of hitting it with a bat. Students will run bases as needed. Students will play this game either inside or outside, depending on the weather. **Differentiated Instruction:** Struggling students will receive more one on one instruction and modeling. Advanced learners: They will help students that are struggling to understand or perform the game correctly. **Exit Slip:** **DOK 1:** Explain how to play the game kickball. **DOK 2:** Compare and contrast baseball and kickball. **Fitness Activity #2:** Field Day Activity: Scooter Relay (K-2nd)**Activity Description:** Students will be divided up into 4 or 5 equal teams with an equal mix of boys and girls. Then students will lay on their bellies and get on a scooter. They will race to the finish line and then run back and give the scooter to their partner. The team that finishes the first is the winning team. **Differentiated Instruction:** Struggling students will receive more one on one instruction and modeling. Advanced learners: They will help students that are struggling to understand or perform the game correctly.  **Exit Slip:** **DOK 1:** Explain how to play the game “scooter relay”. **DOK 2:** Compare and contrast the game scooter relay and sack race.**Fitness Activity #3:** Field Day Activity: Basketball Shoot: (3rd-5th)**Activity Description:** Students will be divided into groups of boys and girls. Each group will shoot a basketball from the foul line. Each student gets 5 shots. The students with the most baskets win. **Differentiated Instruction:** Struggling students will receive more one on one instruction and modeling. Advanced learners: They will help students that are struggling to understand or perform the game correctly. **Exit Slip:** **DOK 1:** Explain how to play the game “basketball shoot”. **DOK 2:** Compare and contrast the sport of basketball with the sport of soccer.**Fitness Activity #4:** Field Day Activity: Duck, Duck, Goose (K-1st)Activity Description: Students will sit in a large circle. One student will be picked to be it. That student will then walk around the circle and touch students on the head saying “duck”. When the student that is “it” says goose, they will run and then be chased by the student. **Differentiated Instruction:** Struggling students will receive more one on one instruction and modeling. Advanced learners: They will help students that are struggling to understand or perform the game correctly. **Cool down and Rewarding Positive Behaviors:** Mr. Kuhn will pass out green or clip up tickets. If time permits, students will participate in a cool down activity by running one lap followed by walking one lap, get a drink, and line up at the door by playing the game “Mr. Kuhn says”. **Closing Exit slip (K-5th grade students)** Exit slip: Answer various oral questions (specific recall and open ended higher level questions using various techniques like thumbs up, thumbs down, turn and talk, etc.) | ***Daily Assessment:****X Observation**X Oral responses** *Self-Evaluation*
* *ORQ*

*X Whole Class**X Small Group** *Individual*

***Formative and Summative Assessments***X Entrance (flashback) and Exit SlipsX Oral Questions□ Student Self-Assessment |
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Special Education Modifications and 504 plans are located in the back of Mr. Kuhn’s lesson plan binder.