

Teacher: Clark Kuhn **Subject:** Practical Living (P.E./Health/Career/Consumerism) **Week:** August 9-11th **Topic:** Rules, procedures, making friends, back to school, movement, football (throwing)

Name: **Clark Kuhn** Date: Week of 5.8.23 - 5.26.23 PE, SEL, Career, & Health Topics: kin-ball activities, listening, conflict resolution, refusal skills, finance, team work, finance

<p>K-5th Lesson plans</p>	<p><u>Standards and "I can" statements: K-5th</u></p> <p>Kindergarten Health (listening): I can identify effective active listening skills. K.4.1</p> <p>Kindergarten P.E: I can explore manipulative skills with kin-ball. K.1.MS1.</p> <p>1st Health (listening): I can demonstrate effective active listening skills. 1.4.1</p> <p>1st P.E.: I can demonstrate manipulative skills with a kin-ball. 1.1.MS1.</p>	<p><u>Vocabulary:</u></p> <p>expectations, rules, rewards, consequences safety, warm up, cool down, dynamic stretching, warm-up, dynamic stretching, tolerance, listening, conflict resolution, refusal skills, finance, social skills, teamwork, kin-ball,</p>	<p>Mini lesson: Greet students and the door and assign students to a spot on the floor alphabetically. Slides: I will go through the first few slides introducing myself and going over behavior expectations, rewards, and consequences.</p> <p>Warm-up #1: (P.E.) Teacher will go over how to safely run laps. Students will run three laps as a warm up.</p> <p>Mini lesson: Slides: Monday & Tuesday: What is P.E?</p> <p>Monday (K-2) Less Screen Time: https://www.youtube.com/watch?v=0pOQHQ6x-Y8</p> <p>Monday (3-5) Test Anxiety https://www.youtube.com/watch?v=sDYx9qM_ygg</p> <p>Tuesday: (K-2) Digestive System: https://jr.brainpop.com/health/bodies/digestivesystem/</p> <p>Tuesday: (3-5) (COF review) https://www.youtube.com/watch?v=NhpJiU9EUJA</p> <p>Daily Warm-ups #2: (reinforce flexibility)</p> <p>Monday: (Bluey) (K-2nd) https://www.youtube.com/watch?v=J310puGidk8</p> <p>Monday: (Community Heroes Edition) (3rd-5th) https://www.youtube.com/watch?v=CBC9cBztJNO</p> <p>Tuesday: (Star Wars) (K-2nd) https://www.youtube.com/watch?v=h-ucpNM7nkU</p> <p>Tuesday: (How Would You Feel) (3rd-5th) https://www.youtube.com/watch?v=IUyTRpcBH4g</p> <p>Wed: (Food Pairs) K-2nd https://www.youtube.com/watch?v=6AmpSgZQS88&t=123s</p> <p>Wed: (Bowling Trivia): 3rd-5th https://www.youtube.com/watch?v=YgRem3H17Ws</p>	<p><u>Weekly Assessment:</u></p> <p>X Observation X Participation X Oral responses -- Self-Evaluation -- ORQ X Whole Class -- Small Group X- Individual X Product (drawing, written response)</p> <p><u>Formative and Summative Assessments</u></p> <p>-- Entrance (flashback) and Exit Slips</p> <p>X Oral Questions</p> <p><input type="checkbox"/> Student Self-Assessment</p>
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2nd Health (listening): I can demonstrate effective listening and verbal communication skills. 2.4.1

2nd P.E.: I can demonstrate manipulative skills with a kin-ball. 2.1.MS1.

3rd Health (conflict resolution): I can identify healthy ways to effectively communicate when resolving conflict. 3.4.2

3rd P.E.: I can demonstrate manipulative skills using a kin-ball with a partner.

Thurs. (Mario) (K-2nd) https://www.youtube.com/watch?v=J_zmkeUOpGI

Thurs. (Spring Edition) (3rd-5th)
<https://www.youtube.com/watch?v=c0Nf96VMVUM>

Fri. (K-2nd) (The Body Coach)
https://www.youtube.com/watch?v=Qjcw2Vov_5k

Fri. (Guardians of the Galaxy) (3rd-5th)
<https://www.youtube.com/watch?v=y2nURI5x0WU&t=1s>

K-5th Wednesday: What is Health

K) (Listening)

<https://www.youtube.com/watch?v=W2B6L4a7YjU&list=PLSMZDoMBob74eHpJzhnL7HCBYOBP3p6hW&index=21>

1. Eyes are watching 2. Ears are listening 3. Mouth is closed and don't interrupt 4. Body is upright 5. Hands are still

1) (Listening)

<https://www.youtube.com/watch?v=W2B6L4a7YjU&list=PLSMZDoMBob74eHpJzhnL7HCBYOBP3p6hW&index=21>

2) (Listening)

<https://www.youtube.com/watch?v=W2B6L4a7YjU&list=PLSMZDoMBob74eHpJzhnL7HCBYOBP3p6hW&index=21>

3) (Conflict Resolution)

<https://www.brainpop.com/health/personalhealth/conflictresolution/>

4) (Refusal Skills) **Middle School Lunch with Refusal Skills (youtube) #1**

Reason: Because they felt pressured by friends (peer pressure)

<https://www.youtube.com/watch?v=NwdXFPsl500&t=5s>

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3.1.MS1.

4th Health (refusal skills): I can describe refusal skills that avoid or reduce health risks 4.4.3

4th P.E.: I can apply manipulative skills with a partner while using a kin-ball. 4.1.MS1.

5th Health (refusal skills): I can demonstrate effective refusal skills that avoid or reduce health risks. 5.4.3

5th P.E.: I can apply manipulative skills in game-like situations using a

5) (Refusal Skills) **Middle School Lunch with Refusal Skills (youtube)**
<https://www.youtube.com/watch?v=NwdXFPsl500&t=5s>

K-5th Thursday & Friday

Primary: Banker (Finance)

<https://www.youtube.com/watch?v=NnF1WXECfxc>
Intermediate: (Finance)
<https://www.youtube.com/watch?v=73RIalb8dNk>

SEL (Friday) Primary: (Relationship Skills: Teamwork) K-2nd

<https://www.youtube.com/watch?v=ag1V76oBMkM>

Intermediate: (Relationship Skills: Social Skills) 3rd-5th
<https://www.youtube.com/watch?v=Myf2CUx9E60>

P.E. Activities (Monday - Friday)

Primary K-2nd SPARK & Open Activities:

Monday: 1. Popcorn 2. The runaway train 3. Temple of Doom,
Tuesday: 1. Popcorn 2. No hands (teams of 3) 3. Kin-ball tag (use half of gym),
Wednesday: 1. Popcorn, 2. Throw & team catch 3.
Thursday: 1. Crab soccer (much larger circle, center of gym, cone boundaries, 3 or 4 emergency runners, keep kin-ball out of your side) 2. Corridor (students closer, students push ball from one end of the two lines to the other) 3. Gauntlet Ball (two rows of students, students further apart, 2 students try to run past the ball w/o getting touched) 3. The runaway train with obstacles around floor (pool noodles, cones, jump ropes)
Friday: Station Review 1. Jump ropes/Hula hoops 2. Football toss 3. Soccer pass & trap

See attached for lesson, **differentiated instruction and assessment/exit slip.**

Intermediate 3rd-5th SPARK & Open Activities:

Monday: Kin-ball (3 teams of 4 students complete to score the most points)

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		kin-ball. 5.1.MS1.		<p>Tuesday: Kin-ball (3 teams of 4 students complete to score the most points) Wednesday: Kin-ball (3 teams of 4 students complete to score the most points) Thursday: Kin-ball (3 teams of 4 students complete to score the most points) Friday: Station Review 1. Flying Disc 2. Football toss 3. Soccer pass & trap</p> <p>See attached for lesson, <u>differentiated instruction and assessment/exit slip.</u></p> <p><u>Cool Down & Rewarding Positive Behaviors:</u> I will review all content to ensure that learning targets were met. If time permits, students will participate in a cool down activity by running one lap and walking one lap and then line up at the door.</p>	

Special Education Modifications and 504 plans are located in the back of Mr. Kuhn's lesson plan binder.